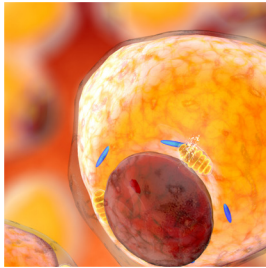


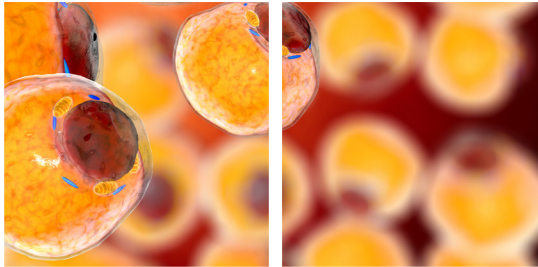
LIVE WEBINAR

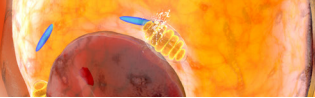
Management of obesity in pre-diabetes



Saturday, 17 October 2020

from 15:00 to 16:00 CEST
from 09:00 to 10:00 EDT





OVERVIEW

The prevalence of patients who are overweight or obese has increased worldwide since the 1980s, with no country demonstrating a successful decline in patient weight over the last three decades. The vast majority of people who are overweight or obese will develop cardiometabolic complications such as type 2 diabetes mellitus (T2DM) and cardiovascular disease (CVD) during their lifetimes.

Body weight loss is of paramount importance to prevent the development of T2DM and is recommended for at-risk subjects by all relevant national and international scientific societies. Despite several strategies which can effectively achieve weight loss, the success rate remains very low in real-world clinical practice. This live webinar, hosted by key opinion leaders in this field, will discuss the pros and cons of the different possible interventions to manage obesity in people with pre-diabetes.

LEARNING OBJECTIVES

By attending this live educational webinar participants will:

- Learn the changes in eating patterns needed to prevent diabetes
- Discover how to implement structured behavioral weight-loss therapies
- Understand the limits of current options to prevent diabetes
- Be more confident about the use of metformin to prevent T2DM

TARGET AUDIENCE

This webinar is designed for Diabetologists, Endocrinologists, General Practitioners, Internists and specialists involved in the diagnosis and management of patients with diabetes.

LANGUAGE

The official language of this live educational conference is English. Simultaneous translation into Spanish will be provided.

PRE-REGISTRATION AND SURVEY

To access the live webinar, please register by clicking on the below link:

<https://www.elearning.scientificseminars.com/the-2020-digital-learning-journey-on-pre-diabetes/live-webinar-management-of/> and complete a very short survey covering your current knowledge of the subject matter prior to attending the webinar.

CME PROVIDER

Scientific Seminars International Foundation

CME Manager: Flaminia Masprone

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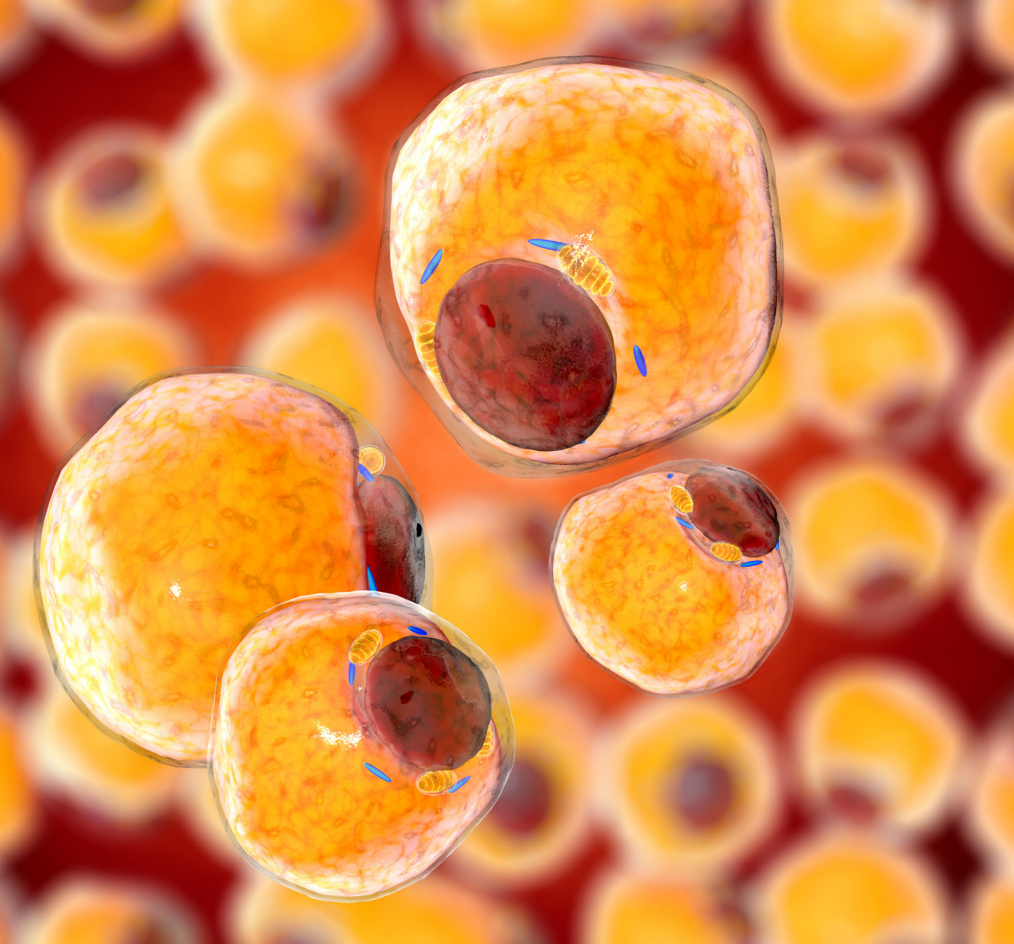
CONTINUING MEDICAL EDUCATION

The **Management of obesity in pre-diabetes, Rome, Italy, 17/10/2020 - 17/10/2020** has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **1 European CME credit (ECMEC®)**. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities.

Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.





FACULTY

Raffella Buzzetti

Department of Experimental Medicine
Head, Diabetes Unit
La Sapienza University of Rome
Rome, Italy

Ernesto Maddaloni

Department of Experimental Medicine
La Sapienza University of Rome
Rome, Italy

Guillermo E. Umpierrez

Emory University
Section Head, Diabetes & Endocrinology
Grady Health System
Atlanta (GA), USA



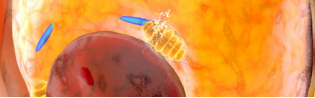
SATURDAY, 17 OCTOBER 2020

from 15:00 to 16:00 pm CEST

15.00		Welcome and introduction E. Maddaloni (Italy)
15.05	L1	Lifestyle for weight loss in pre-diabetes G.E. Umpierrez (USA)
15.25	L2	Drug therapy and surgery for weight loss in pre diabetes R. Buzzetti (Italy)
15.45	P	Panel discussion
15.55		Closing remarks E. Maddaloni (Italy)
16.00		End of the live webinar

LEGEND

L: Lecture; **P:** Panel discussion



FACULTY DISCLOSURES

Scientific Seminars International Foundation adheres to guidelines of the European Accreditation Council for Continuing Medical Education (EACCME®) and all other professional organizations, as applicable, which state that programs awarding continuing education credits must be balanced, independent, objective and scientifically rigorous. Investigative and other uses for pharmaceutical agents, medical devices and other products (other than those uses indicated in approved product labelling/package insert for the product) may be presented in the program (which may reflect clinical experience, the professional literature or other clinical sources known to the presenter).

We ask all presenters to provide participants with information about relationships with pharmaceutical or medical equipment companies that may have relevance to their lectures. This policy is not intended to exclude faculty who have relationships with such companies; it is only intended to inform participants of any potential conflicts so that participants may form their own judgements, based on full disclosure of the facts. Further, all opinions and recommendations presented during the program and all program-related materials neither imply an endorsement nor a recommendation on the part of Scientific Seminars International Foundation. All presentations represent solely the independent views of the presenters/authors.

The following faculty provided information regarding significant commercial relationships and/or discussions of investigational or non-EMEA/FDA approved (off-label) uses of drugs:

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|-------------------------------|--|
| Raffaella Buzzetti | Declared receipt of honoraria or consultation fees from Sanofi, Astra-Zeneca, Abbott, Lilly, MSD, Novo Nordisk |
| Guillermo E. Umpierrez | Declared receipt of Research Grants to Emory University from Dexcom, Astra Zeneca and Novo Nordisk |
| Ernesto Maddaloni | Declared receipt of honoraria or consultation fees from Merck-Serono, Lilly, Astra-Zeneca, Abbott, Pikdare. |

L1

Lifestyle for weight loss in pre-diabetes

Guillermo E. Umpierrez (USA)

LEARNING OBJECTIVES

- Learn the changes in eating patterns needed to prevent diabetes
- Discover how to implement structured behavioral weight-loss therapies



Guillermo Umpierrez

Guillermo Umpierrez, is Professor of Medicine in the Division of Endocrinology, and Director of the Emory Diabetes and Metabolism Center at Emory University School of Medicine, and Chief of Endocrinology and Director of the Clinical Research Unit at Grady Memorial Hospital, Atlanta, USA.

Prof. Umpierrez has received numerous teaching awards, including Best Clinical Teacher and Best Mentor of Endocrine Fellows and Junior Faculty at Emory University, and received national awards from the American College of Physicians, American Association of Clinical Endocrinologists (AACE), American Diabetes Association (ADA), and the Endocrine Society. He has served as a member of the Board of Directors of ADA and the Endocrine Society, and currently serves as an AACE national board member and as chairman of Diabetes Disease Network. His research interests include mechanisms for beta-cell dysfunction in minority populations and the management of inpatient hyperglycemia, for which he has published landmark papers and guidelines for inpatient diabetes. Prof. Umpierrez is the Editor-in-Chief of the BMJ Open Diabetes Research & Care, and Editor-in-Chief of the ADA Therapy for Diabetes Mellitus and Related Disorders Textbook. He has published more than 350 manuscripts and book chapters. In addition, he has been a champion for diabetes care in underserved populations and heads the Emory Latino Diabetes Education Program.



L2

Drug therapy and surgery for weight loss in pre-diabetes

Raffaella Buzzetti (Italy)

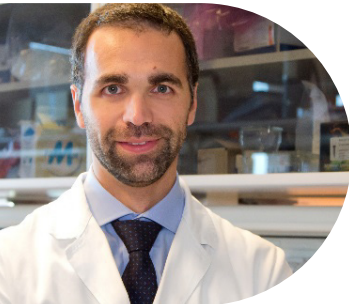
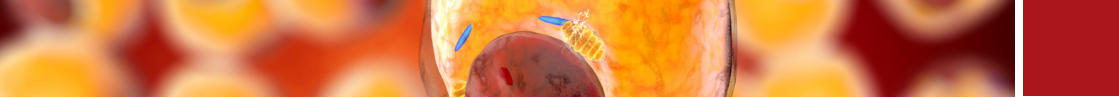
LEARNING OBJECTIVES:

- Understand the limits of current options to prevent diabetes
- Be more confident about the use of metformin to prevent T2DM



Raffaella Buzzetti

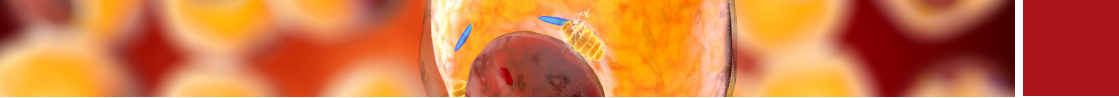
Raffaella Buzzetti is Professor of Endocrinology at the Department of Experimental Medicine, and Head of the Department of Diabetes at Umberto I Hospital - La Sapienza University of Rome, Italy. As well as an active teaching commitment, her research interests revolve around genetic susceptibility aspects of type 1, 2 diabetes, latent autoimmune diabetes in adults and obesity, as well as the bone markers of insulin resistance in children and adolescents. Professor Buzzetti was reviewer of the Horizon 20/20 program, and an EU expert grant reviewer for Brussels in 2017. She has won numerous national and international grants, and has conducted about 40 phase II and III clinical trials over the past 10 years. Professor Buzzetti has authored or co-authored 230 peer-reviewed articles, 40 of these in the last 3 years (H. Index Scopus 40). She is a member of the editorial board of Diabetes Metabolism Research and Reviews and of PLOS ONE and a reviewer for numerous scientific journals including Diabetes, Diabetes Care and Nature Endocrinology.



Ernesto Maddaloni (Italy)

Ernesto Maddaloni is a senior research fellow at La Sapienza University, Rome, Italy and a consultant endocrinologist at Campus Bio-Medico University, Rome. His research interests focus on the study of aging adults with autoimmune diabetes and the interplay between vascular complications, bone health and autoimmunity. As a mentee of the European Foundation for the Study of Diabetes (EFSD) Future Leaders Mentorship Program, Dr Maddaloni has been actively pursuing his studies on clinical diabetes and cardiovascular outcomes at the Diabetes Trial Unit of the University of Oxford, Oxford Centre for Diabetes Endocrinology and Metabolism (OCDEM), UK. Dr. Maddaloni has been a study investigator and coordinator for several national and international clinical trials and has published as lead author in several top-ranked peer-reviewed international medical journals (for publication list see: <https://www.ncbi.nlm.nih.gov/myncbi/1xGOuoCbV1uAs/bibliography/public/>).

His scientific achievements have been recognized with several awards, including the 2015 Albert Renold Fellowship from the European Foundation for the Study of Diabetes, the 2017 Young Investigator Award from the Italian Society of Endocrinology and the 2017 Early Investigator Award from the Endocrine Society (USA).



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