

VIDEO INTERVIEW - Thyroid disorders in pregnancy

OVERVIEW

Maternal hypothyroidism and hyperthyroidism are common during pregnancy and may worsen pregnancy outcomes. The most frequent thyroid disorders during pregnancy are mild thyroid function test abnormalities and thyroid autoimmunity, and the correct therapeutic approach for these conditions remains controversial. Furthermore, since pregnancy changes the normal physiology of thyroid hormones, reference ranges for serum concentrations of thyrotropin (TSH) and of thyroid hormones vary during pregnancy, making it more difficult to interpret laboratory testing results. In this video interview, Dr Nemencio A Nicodemus Jr will address the main issues affecting pregnant women with thyroid disorders, and highlight what to be aware of in their clinical management. Furthermore, Professor Nicodemus will explain how SARS-CoV2 can affect the thyroid, providing the audience with insightful advice on how to manage pregnant women with, or at high risk for thyroid diseases during the COVID-19 pandemic.

LEARNING OBJECTIVES

By viewing this video interview learners will:

- Be aware of the consequences of thyroid dysfunction on pregnancy outcomes
- Understand the appropriate timing for evaluating thyroid hormones in pregnancy
- Learn best practice for the management of subclinical thyroid disorders during pregnancy
- Recognize the increased risk of thyroid disease for pregnant women during the COVID-19 pandemic.

TARGET AUDIENCE

This activity is designed for Endocrinologists, General Practitioners, Internists and those treating patients with thyroid disorders.



FACULTY

Nemencio A. Nicodemus Jr.

University of the Philippines
College of Medicine
Manila, Philippines

For information about the program, please contact:

Scientific Seminars International Foundation

T +39 380 1504116 - F +39 06 4827169

info@scientificseminars.com

To access the resource online, click here and login:

<https://www.elearning.scientificseminars.com/the-2020-digital-learning-journey-on-thyroid-disorders/video-interview-thyroid-disorders-in-pregnancy/>

This independent educational program is made possible thanks to an educational grant received from Merck KGaA, Darmstadt, Germany.