

INTERACTIVE CLINICAL CASE

Cardiovascular Disease in Pre-diabetes

OVERVIEW

While the recognition of pre-diabetes is crucial for diabetes prevention, accumulating evidence shows that mechanisms leading to cardiovascular disease have already started in people with pre-diabetes. These changes include increases in free fatty acids and oxidative stress causing endothelial dysfunction. Indeed, one-third of patients in intensive care coronary units have a new diagnosis of diabetes, meaning that cardiovascular complications develop before the onset of diabetes. It is therefore crucial to monitor and tackle cardiovascular risk factors well before the clinical diagnosis of diabetes mellitus.

LEARNING OBJECTIVES

By attending this online interactive activity, learners will be able to:

1. Understand the mechanisms which cause increased cardiovascular disease when the patient is only at the pre-diabetes stage
2. Recognize the cardiovascular benefits of diabetes prevention
3. Set appropriate therapeutic targets for the reduction of major cardiovascular risk factors in people with pre-diabetes

TARGET AUDIENCE

This activity is designed for Diabetologists, Endocrinologists, General Practitioners, Internists and specialists involved in the diagnosis and management of patients with diabetes.



FACULTY

Nguyen Thy Khue

University of Medicine and Pharmacy
Ho Chi Minh City, Vietnam

For information about the program, please contact:

Scientific Seminars International Foundation

T +39 380 1504116 - F +39 06 4827169

info@scientificseminars.com

To access the resource online, click here and login:

<https://www.elearning.scientificseminars.com/the-2020-digital-learning-journey-on-pre-diabetes/interactive-clinical-case-cardiovascular-disease/>

This independent educational program is made possible thanks to an educational grant received from Merck KGaA, Darmstadt, Germany.