

OVERVIEW

The European Society of Cardiology (ESC) annual congress is one of the most important scientific meetings for doctors and scientists involved in cardiovascular medicine, and where much of the best research in hypertension is presented. As hypertension is the principal cardiovascular risk factor, the congress dedicates a large space to this specific issue. Thus, this congress report describes and analyzes the most recent and important findings in hypertension and hypertension-related diseases. More specifically, hot topics covered include precision medicine and its relevance in daily clinical practice and the potential for device-therapy in hypertension. Also, the relationship between blood pressure and heart rate to better define the cardiovascular risk of hypertensive patients, and the beneficial effect of antihypertensive treatment when blood pressure is reduced to values greatly lower than the threshold of 140/90 mmHg are covered, as well as an important study longitudinally addressing the impact of RAS treatment on outcome in COVID-19 patients with heart failure.

LEARNING OBJECTIVES

From reading this congress report, you will:

1. Learn about the most recent findings in cardiovascular medicine
2. Discover new developments in the clinical approach and treatment of patients with hypertension
3. Be familiar with novel aspects of the relationship between heart rate and blood pressure in defining the cardiovascular risk of patients with hypertension
4. Examine newly available evidence surrounding RAS-blocker administration and the severity of COVID-19 disease in patients with heart failure.

TARGET AUDIENCE

This activity is designed for Cardiologists, General Practitioners, Internists and those treating patients with cardiovascular disorders.

FACULTY



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