

CONGRESS REPORT

ESPE 2021 ONLINE (22–26 September 2021)

OVERVIEW

The 59th Annual Meeting of the European Society for Pediatric Endocrinology (ESPE) was held online in 2021 and remains an important conference for healthcare professionals involved in the care and research of endocrine disorders affecting young patients, from neonates to adolescents. The meeting involved speakers and delegates not just from Europe, but worldwide, with contributions from leading experts in several of topics that make up the vast field of pediatric endocrinology. This congress report will focus specifically on advances in growth disorders, both in terms of the daily clinical management of patients with short stature, and in terms of basic research and development of new diagnostic and therapeutic strategies. Clinical findings and innovative research are fundamental to providing solutions for patients with growth failure of unknown cause, and for those affected by congenital/syndromic diseases whose treatment is still not fully effective in restoring normal growth. Special attention will be given to the discovery of new gene mutations causing short stature, the best management techniques for patients with growth hormone deficiency, and modern therapies for achondroplasia-related short stature. Finally, the ESPE meeting is a valuable platform for spreading current knowledge, for supporting physicians, for promoting the early referral and diagnosis of patients, and for optimizing understanding of current treatments to ensure the best results for patients.

LEARNING OBJECTIVES

From reading this congress report, participants will:

- Acquire information about the most recent innovations in the management of growth hormone deficiency patients
- Discover new developments in the diagnostic approach to idiopathic short stature
- Learn about novel genes as potential causes of congenital hypopituitarism
- Discover a new potential treatment for patients with achondroplasia-related short stature.

TARGET AUDIENCE

This activity is designed for pediatricians, pediatric endocrinologists, scientists and researchers, nurses and all healthcare professionals involved in the care of patients with growth disorders.

LANGUAGE

This activity will be in English.

RELEASE DATE

29 October 2021



FACULTY

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To access the resource online, click here and login:

<https://www.elearning.scientificseminars.com/the-2021-digital-learning-journey-on-growth-disorders/congress-report/>

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