

# CONGRESS REPORT ESH-ISH 2021 JOINT MEETING (11-14 April 2021)

## OVERVIEW

The ESH-ISH 2021 Joint Meeting is a very important conference for doctors and scientists involved in hypertension and cardiovascular medicine. New research and clinical findings are fundamental to control hypertension, currently the most important cardiovascular risk factor and the primary cause of death worldwide. In addition, those with hypertension who develop COVID-19 have disproportionately poor outcomes compared with those who are normotensive. This congress report will describe and analyze the most recent and important findings in hypertension and hypertension-related diseases. More specifically, it will focus on the 'hot topics' which are expected to be discussed in the congress, including precision medicine and its relevance in daily clinical practice, new horizons for device-therapy in hypertension, the relationship between blood pressure and heart rate determination to better define the cardiovascular risk of hypertensive patients and the beneficial effects of antihypertensive treatment. Finally, special attention will be devoted to the relationship between COVID-19 disease and outcomes in patients with hypertension and high cardiovascular risk, particularly, the impact of RAS treatment on outcomes in COVID-19 patients with heart failure.

## LEARNING OBJECTIVES

From reading this congress report, learners will:

- Acquire information about the most recent findings in hypertension and cardiovascular medicine
- Discover new developments in the clinical approach and treatment of hypertensive patients
- Define novel aspects of the relationship between heart rate and blood pressure in the definition of cardiovascular risk of hypertensive patients.
- Examine the evidence surrounding the outcomes of patients with severe COVID-19 disease and hypertension

## TARGET AUDIENCE

This activity is designed for Cardiologists, General Practitioners, Internists and those treating patients with cardiovascular disorders.



### FACULTY

#### Guido Grassi

Full Professor of Internal Medicine  
Clinica Medica, University of Milano-Bicocca  
Milan, Italy

## LANGUAGE

This activity will be in English.

### For information about the program, please contact:

#### Scientific Seminars International Foundation

T +39 380 1504116 - F +39 06 4827169

info@scientificseminars.com

### For pre-registrations click here:

<https://www.elearning.scientificseminars.com/the-2021-digital-learning-journey-on-hypertension/congress-report/>

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