

The 2022 Digital Learning Journey on Diabetes and Pre-Diabetes

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Early origins of vascular complications of diabetes

OVERVIEW

In patients with diabetes, atherosclerosis is the main reason for impaired life expectancy, and diabetic nephropathy and retinopathy are the largest contributors to end-stage renal disease and blindness, respectively. Notably, a large number of people presents with vascular complications already at the time of diabetes diagnosis, suggesting that the natural history of vascular damage in diabetes starts very early in the course of the disease. Indeed, accumulating evidence shows that mechanisms, leading to diabetic vascular complications, start since the prediabetes stage, which therefore may represent an ideal therapeutic window to implement precocious interventions to halt the burden of cardiometabolic disease worldwide. Professor Pozzilli, a KOL in the field, will discuss the impact of prediabetes and related comorbidities on vascular complications of diabetes

LEARNING OBJECTIVES

- Understand the impact of prediabetes on endothelial function
- Discuss the increased cardiovascular risk among people with prediabetes
- Acquire knowledge about the multifactorial treatment needed for CV disease prevention among people with prediabetes

TARGET AUDIENCE

Clinicians, physicians and embryologists

FACULTY

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LANGUAGE

English

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