



The 2022 Digital Learning Journey on Diabetes and Pre-Diabetes

VIDEO LECTURE LAUNCH DATE 15 November 2022

Benefits of insulin-sensitizer use early in the natural history of diabetes: glycaemia and beyond

OVERVIEW

Insulin resistance is a very common clinical condition with multiple deleterious effects on various aspects of health. The main and best-known consequence of insulin resistance is the development of type 2 diabetes, although the effects of insulin resistance go far beyond hyperglycemia. In fact, insulin carries out its endocrine activity on various organs which in turn suffer directly from a reduced action of insulin, regardless of the increase in blood glucose levels. As a result, people affected by insulin resistance may benefit from interventions aimed to increase insulin sensitivity in terms of diabetes prevention, decreased morbidity and improved quality of life. In this video-lecture, Professor Huang will go through the several actions insulin-sensitizers may exert to improve the health of people affected by insulin resistance.

LEARNING OBJECTIVES

- Discuss the possible benefits in terms of diabetes prevention associated with an early intervention on insulin resistance
- Discuss the possible cardiovascular benefits associated with an early intervention on insulin resistance

TARGET AUDIENCE

Endocrinologists, diabetologists, dieticians and diabetes educators

FACULTY

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LANGUAGE

English with voice over into Spanish and Chinese

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