



The 2022 Digital Learning Journey on Thyroid Disorders

VIDEO LECTURE**LAUNCH DATE 31 October 2022**

Thyroid Autoimmunity Induced Hypothyroidism

OVERVIEW

Autoimmune thyroid diseases are among the most frequent disorders causing impairment of thyroid function. Among them, Hashimoto's thyroiditis is the most common one, often associated with chronic hypothyroidism. Nonetheless, in the early stages of the disease, Hashimoto's thyroiditis may present with normal thyroid function or even with hyperthyroidism (the so called "Hashitoxicosis"), making it challenging to correctly diagnose the disease. Although Hashitoxicosis and euthyroidism do not require hormonal therapy, it is important to promptly recognize when hypothyroidism occurs, as delays in starting hormonal replacement therapy may cause harm to the patients, exposing affected individuals to increased risk of cardiometabolic disorders (such as dyslipidemia and hypertension), weight gain, infertility, cutaneous diseases and others, as well as significantly affecting their quality of life. In this video-lecture, Prof George Kahaly will offer the most recent insights about pharmacological and non-pharmacological treatments that may benefit people with autoimmune hypothyroidism.

LEARNING OBJECTIVES

- Learn how to correctly identify autoimmune thyroiditis in clinical practice
- Learn pharmacological and non-pharmacological treatments for Hashimoto's thyroiditis

TARGET AUDIENCE

Endocrinologists, specialists in internal medicine and general practitioners

FACULTY

George Kahaly

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LANGUAGE

English

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