

## The 2022 Digital Learning Journey on Thyroid Disorders

ONLINE COURSE  
Management of Thyroid Disorders in  
the hospital

30 September 2022



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## OVERVIEW

Thyroid disorders are a major cause of global morbidity and decreased quality of life and are of relevance for patients with critical comorbidities, such as hospital in-patients. Indeed, thyroid dysfunctions may be found among hospitalized patients both as pre-existing conditions or as newly diagnosed disease and may impact on the outcomes of the non-thyroidal illness. Nonetheless, not all abnormalities of thyroid tests found during an acute illness are associated with a real thyroid gland disease. Differentiating thyroid dysfunction requiring medical intervention during hospitalization and effectively managing thyroid disease in the context of other comorbidities is often a challenge for HCP working in the hospital wards. Furthermore, severe hypothyroidism and severe hyperthyroidism (such as thyroxic storms) may develop in people with a pre-existing unrecognized thyroid disease. Both conditions often require hospitalization and may be caused and may precipitate other comorbidities in frail patients.

This online course is dedicated to thyroid dysfunctions that may be faced in medical wards, both thyroid emergencies and chronic disorders impacting on the clinical outcomes of hospitalized patients.

## LEARNING OBJECTIVES:

- Improve the ability to diagnose thyroid emergencies
- Understand the differences between thyroid dysfunctions requiring medical intervention during hospitalization and the euthyroid sick syndrome
- Learn about the consequences of pre-existing thyroid diseases on comorbidities in frail patients

## TARGET AUDIENCE:

Endocrinologists, cardiologist, internal medicine, diabetologists and general practitioners

## LANGUAGE

English



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## CONTINUING MEDICAL EDUCATION

**Management of Thyroid Disorders in the hospital Online Course** has been submitted for accreditation by the European Accreditation Council for Continuing Medical Education (EACCME®) with **1 European CME credit** (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at [www.ama-assn.org/education/earn-credit-participation-international-activities](http://www.ama-assn.org/education/earn-credit-participation-international-activities).

Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.



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## FACULTY

### **Gabriela Brenta**

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## PROGRAM

### Management of Thyroid Disorders in the Hospital



#### **Part I:**

**Thyroid Emergencies**



#### **Part II:**

**Thyroid function tests in hospitalized patients**

## LEGEND



Lecture



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## FACULTY

### Gabriela Brenta



Gabriela Brenta is a staff member and thyroid unit coordinator of the Department of Endocrinology and Metabolism at Dr Cesar Milstein Care Unit in Buenos Aires, Argentina. She is also Assistant Professor at the Medical School of the University of Buenos Aires. Her areas of interest in clinical research include the cardiovascular and metabolic effects of thyroid hormones and in particular, the study of thyroid diseases, including nodular disease, in older adults. She has published original papers and reviews in *Thyroid*, *Nature* and *JCEM*, as well as in other journals, and is a member of the editorial board of *Thyroid* and the *Journal of Endocrinology Investigation*. Dr. Brenta is a member of the Argentine Society of Endocrinology and Metabolism, where she actively participates in the thyroid division activities.

In June 2019, Dr. Brenta completed her term as President of the Latin American Thyroid Society (LATS) and in 2020 was engaged, on behalf of LATS, to serve on the Scientific Committee of the 16th International Thyroid Congress and also on the Scientific Committee of the 19th International Congress of Endocrinology.

In 2022 she was included in the Scientific Committee of LATS Congress 2023 Curitiba, Brazil, and the Task Force of the American Thyroid Association Thyroid and Pregnancy Guidelines.



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