



The 2023 Digital Learning Journey on Thyroid Disorders

**VIDEO
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Subclinical hypothyroidism in paediatric patients

OVERVIEW

Increased attention should be paid to thyroid disorders in paediatric patients, as thyroid dysfunctions may have dangerous consequences when arising in infants and children. The European Society for Pediatric Endocrinology and the European Society for Endocrinology have recently released new guidelines for the screening, diagnosis and management of congenital hypothyroidism, which is associated with birth defects and may lead to intellectual disabilities and growth defects. Furthermore, conditions leading to acquired subclinical and overt hypothyroidism, such as Hashimoto's thyroiditis, may also develop during childhood. Despite being less frequent than in adults, acquired subclinical hypothyroidism may be more dangerous in children. Paediatric subclinical hypothyroidism is indeed associated with lower scores at cognitive tests, increased risk of obesity and cardiometabolic diseases.

LEARNING OBJECTIVES

- Identify subclinical hypothyroidism in paediatric patients
- Apply latest screening tools hypothyroidism in paediatric patients
- Unknowledge latest advances in treatment options

TARGET AUDIENCE

Endocrinologists, paediatric endocrinologists and paediatricians

LANGUAGE

English

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Episodes

- 1** Congenital hypothyroidism and thyroid resistance
- 2** The size of the problem

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Episode

- 3** Screening for hypothyroidism in paediatric patients

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