

Final Programme



The 2023 Digital Learning Journey on Hypertension

ONLINE COURSE
**Hypertension management
and emerging hot topics**

18 December 2023

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OVERVIEW

Clinical approach to patients with essential hypertension does not only require the mere reduction of blood pressure values, but also to tailor lifestyle and pharmacological therapy to the clinical conditions which are a consequence, or are associated, of hypertension itself. Coronary artery disease is frequently associated with hypertension. In many cases high blood pressure is one of the determinants of the pathogenesis of ischemic heart disease. In addition, a novel aspect of hypertensive disease is the predisposition to mental disorders. Thus, ageing and high blood pressure can conspire to provoke the impairment of cognitive function. An early and specific antihypertensive treatment can prevent such important complications. Finally gender medicine is an emerging problem worldwide. It is well established that the pathogenesis of cardiovascular disease may differ, in certain aspects, in women compared to men. It is therefore important to address the most advanced evidence in this specific field of cardiovascular medicine.

LEARNING OBJECTIVES

- Describe how hypertension can lead to the development of cognitive decline and dementia in men and women
- Identify the best pharmacological approach to prevent the pathogenesis of heart failure or cognitive impairment in patients with hypertension
- Discuss the most relevant aspects related to gender medicine and how these factors can be applied to the daily clinical practice

TARGET AUDIENCE

Cardiologists, internal medicine specialists, GPs

LANGUAGE

English

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CONTINUING MEDICAL EDUCATION

The online course “**Hypertension management and emerging hot topics**”, made available on <https://cme-learning.scientificseminars.com/course/online-course-044d> and organized by **Scientific Seminars International Foundation**, is accredited by the European Accreditation Council for Continuing Medical Education (**EACCME**[®]) to provide the following CME activity for medical specialists.

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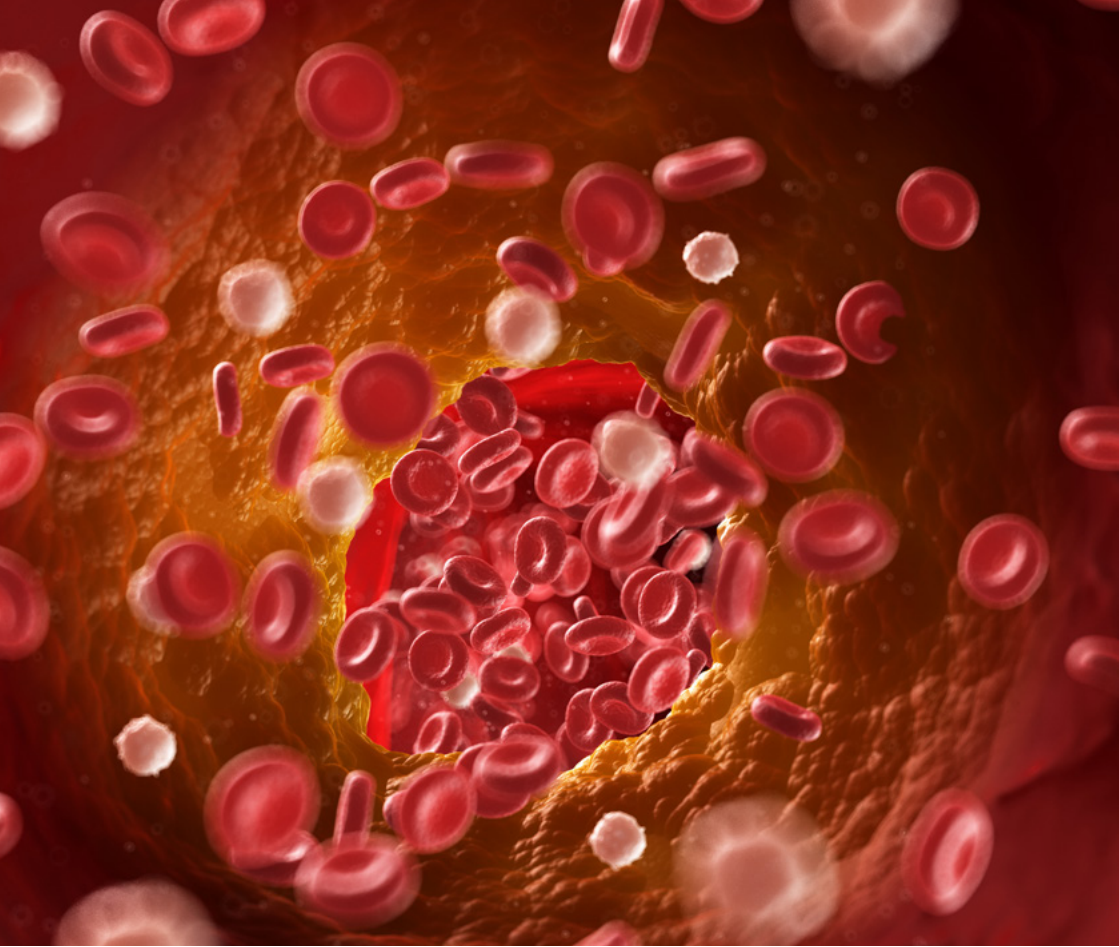
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PROGRAM

HYPERTENSION MANAGEMENT AND EMERGING HOT TOPICS

Module 1: Heart failure and hypertension: how to tailor pharmacological treatment? Diagnosis and latest treatments options



K. P. Tsioufis, Greece

Module 2: Prevention of cognitive decline and dementia in patients with hypertension



A. Coca, Spain

Module 3: Discussion of gender differences in hypertension and chronic CAD management, and optimum treatment strategies for women at all ages with hypertension



M. Tadic, Germany



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| Antonio Coca | Declared no potential conflict of interest |
| Marijana Tadic | Declared no potential conflict of interest |
| Konstantinos P. Tsioufis | Declared receipt of honoraria or consultation fees from Medtronic, St. Jude Medical, Bayer, Novartis, Astra Zeneca, Boehringer In, Pfizer, Chiesi, Pharmanel, Sanofi, Vianex, Win-Medica, ELPEN, Recordati, Servier |

FACULTY



Antonio Coca

Antonio Coca is Honorary Professor of Internal Medicine, School of Medicine, University of Barcelona, Spain, and former Chief of the Hypertension and Vascular Risk Unit of the Department of Internal Medicine at the Hospital Clinic, Barcelona, Spain (1984-2018). Past-President of the Spanish Society of Hypertension (2004-2006), honorary member of the Latin American Society of Hypertension (LASH), the InterAmerican Society of Cardiology (SIAC), the Central American Society of Hypertension (SCCH), the Argentinean Society of Hypertension (SAHA), the Venezuelan Society of Hypertension, the Peruvian Society of Cardiology (SPC), and the Portuguese Society of Hypertension (SPH). Fellow of the Royal College of Physicians of London (FRCP) and Emeritus Fellow of the European Society of Cardiology (EFESC). In 2007 was Elected member of the Scientific Council of the European Society of Hypertension, serving currently as “Executive-Officer” responsible for relationships with Latin America. First Chair of the Council on Hypertension of the European Society of Cardiology (2012-2016), Past-Chair of the ESH WG on the Brain & Hypertension (2014-2016), and past-member of the Committee for Practice Guidelines of the European Society of Cardiology (2016-2018). Editor of 60 books on various topics within the field of hypertension. He has published more than 600 papers in international journals and has presented more than 900 invited lectures at international and national meetings and universities. He has been member of the steering committee, as well as the Spanish coordinator, of several large-scale international trials in hypertension.



Marijana Tadic

Marijana Tadic, MD, PhD is a specialist and Associate Professor in Internal medicine and Cardiology in Germany. She was trained in Serbia, Italy, UK, Netherlands and Germany. Dr. Tadic holds two PhD degrees, in Cardiology and Epidemiology. Her main scientific interest is advanced multimodality cardiovascular imaging, particularly in diagnosis of target organ damage in patients with cardiovascular risk factors such as arterial hypertension, diabetes, and obesity. Dr. Tadic published more than 350 articles and received several important grants including those from European Society of Cardiology, European Society of Cardiovascular Imaging and European Society of Hypertension. She is currently the Editor in Chief in Journal of Clinical Ultrasound: Sonography and other Imaging techniques and Associate Editor in European Heart Journal.



Konstantinos P. Tsioufis

Dr. Tsioufis, Professor of Cardiology in the National and Kapodistrian University of Athens, is Chief of the First Department of Cardiology, Hippokraton Hospital, Athens, Greece.

Clinical Training: In Interventional Cardiology and Hypertension at the University of Athens, Greece and later at the Veterans Affairs Medical Center, Georgetown University, Washington DC, USA.

Areas of expertise: interventional cardiology (PCI, coronary and peripheral arteries, stenting renal arteries, TAVI, closure of PFO/ASD, mitral clip, renal denervation)

Publications:

He has published widely on hypertensive disease, cardiorenal disease, atherosclerotic cardiovascular disease and interventional cardiology and he is involved in major clinical trials regarding novel interventional therapies of hypertension and particularly renal denervation. He has more than 600 publications in peer-reviewed Journals (H-index > 60). He has contributed with more than 25 Chapters in Books.

Academic positions:

He is Member of the Editorial Board and Reviewer in major Cardiology, Hypertension and Critical Care Journals.

President of European Society of Hypertension (2017-2019)

President of Hellenic Society of Cardiology (2016-2018).



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