



The 2023 Digital Learning Journey on Diabetes and Pre-Diabetes

VIDEO INTERVIEW

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Insulin resistance in the context of prediabetes and type 2 diabetes

OVERVIEW

Insulin resistance is a very frequent clinical condition with multiple deleterious effects on various aspects of health. The main and best-known consequence of insulin resistance is the development of type 2 diabetes. Nonetheless, the effects of insulin resistance go far beyond hyperglycemia because insulin carries out its endocrine activity on various organs which in turn suffer directly from a reduced action of insulin, independently of the increase in blood glucose levels. Having the opportunity to host Prof. George L. King, a worldwide recognized expert who has contributed in first person with outstanding research to the understanding of insulin signaling, insulin resistance and how insulin resistance may lead to the development of diabetic complications, we will discuss about the main paths leading to insulin resistance, pre-diabetes-type 2 diabetes and its complications, with the aim of highlighting opportunity for ameliorating global health.

LEARNING OBJECTIVES

- Describe the continuum of insulin resistance to pre-diabetes to type 2 diabetes and vascular complications
- Understand the multiorgan benefits of addressing insulin resistance

TARGET AUDIENCE

Endocrinologists, cardiologists, diabetologists, general practitioners

LANGUAGE

English with subtitles into Spanish



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