



The 2024 Digital Learning Journey in Thyroid

VIRTUAL ANIMATED CONVERSATION

LAUNCH DATE: 8 JULY 2024

Episode1 | From pregnancy to menopause - The journey of women with hypothyroidism:

- Pregnancy outcome in women with subclinical and hypothyroidism
- Management of women with subclinical and overt hypothyroidism during and after pregnancy

OVERVIEW

Thyroid hormones are essential for a healthy pregnancy for both the mother and the offspring. Lack of adequate levels of thyroid hormones during pregnancy is associated with an increased risk of abortion, gestational hypertension, placental disorders, and impairments in the psychomotor development of the fetus as well. Nonetheless, indications for starting levothyroxine hormonal treatment, including the TSH range within which pregnant women with subclinical hypothyroidism (SCH) require levothyroxine treatment, remain to be clarified and may vary according to different aspects, including ethnicity, comorbidities, and the background thyroid disease. The goals of such treatment, once it has been started, are a matter of debate.

LEARNING OBJECTIVES

- Learn the consequences of subclinical and overt-hypothyroidism during pregnancy
- Learn the indication for LT4 treatment during pregnancy
- Discuss the goals of LT4 replacement therapy during pregnancy

TARGET AUDIENCE

Endocrinologists and gynecologists

LANGUAGE

English

FACULTY

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