



The 2024 Digital Learning Journey in Thyroid

VIRTUAL ANIMATED CONVERSATION

LAUNCH DATE: 28 October 2024

Episode 2 | From pregnancy to menopause - The journey of women with hypothyroidism: Risk/benefits ratio of LT4 replacement therapy during menopause

OVERVIEW

Menopause is a natural age-related process, involving complex changes in hormonal homeostasis with several consequences on women's health and quality of life. The menopausal transition is indeed recognized as a key stage of women's life, requiring medical attention and, sometimes, specific treatments. Such a stage might be particularly demanding for women affected by hypothyroidism. For instance, both thyroid dysfunction and menopause are associated with increased risks of CV and bone disease, so it is particularly important that thyroid disease is identified and adequately treated in this group, weighing benefits and risks.

LEARNING OBJECTIVES

- Acknowledge the interacting consequences of hypothyroidism and menopause of health outcomes, including quality of life
- Increase confidence in identifying and treating thyroid disorders during menopause

TARGET AUDIENCE

Endocrinologists and gynecologists

LANGUAGE

English

FACULTY



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