



The 2025 Learning Journey in Thyroid: A Case-Based Interactive Educational Experience

GENERAL OVERVIEW

Thyroid disorders increase in prevalence with age and are higher in women than in men. Both hyperthyroidism and hypothyroidism can develop in severe or subclinical forms, with the subclinical forms being more common than overt disease, and often asymptomatic. This results in the subclinical forms frequently going undiagnosed and untreated. Although asymptomatic, the long-term cumulative effect of subclinical disease can impact health, with different needs and outcomes during the different periods of women's life, such as puberty, childbearing age, pregnancy, or menopause.

Therefore, to meet the existing needs in this specific field, the 2025 Learning Journey in Thyroid: a Case-Based Interactive Educational Experience focuses on medical education activities, to be undertaken in progression, in order to offer a robust and targeted learning experience for healthcare professionals managing thyroid disorders in women. This approach ensures a deep understanding of the nuances of thyroid function across women's life stages and promotes optimal patient care.

LEARNING OBJECTIVES

- 1** Acquire knowledge about the effects of thyroid hormones on women's global health during the different periods of women's life.
- 2** Increase knowledge about thyroid homeostasis during pregnancy
- 3** Be able to balance benefits and risk of combination therapies for hypothyroidism
- 4** Increase confidence in managing women with subclinical hypothyroidism seeking for a pregnancy and during pregnancy

TARGET AUDIENCE

Endocrinologists, gynaecologists, internal medicine and general practitioners

EDUCATIONAL ACTIVITIES

INTERACTIVE MULTIDISCIPLINARY LIVE WEBINAR

Thyroid hormones in women's health

LAUNCH DATE: Monday, **16 June 2025** from 14:00 to 15:00 CEST

DIGITAL ESCAPE ROOM

Subclinical hypothyroidism: what do women need

LAUNCH DATE: Thursday, **30 October 2025**

LANGUAGE

The activities will be in English. The Interactive Multidisciplinary Live Webinar will have Chinese and Spanish simultaneous translation



CME ACCREDITATION

The Interactive Multidisciplinary Live Webinar will be submitted for CME accreditation from the European Accreditation Council for Continuing Medical Education (EACCME)

MEDICAL ADVISOR

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