

The 2025 Learning Journey in Thyroid: a Case-Based Interactive Educational Experience

INTERACTIVE MULTIDISCIPLINARY LIVE WEBINAR
Thyroid hormones in women's health

16 June 2025
From 14:00 to 15:00 CEST

Endorsed by



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OVERVIEW

As hormonal homeostasis changes during women's lifespan, the clinical meaning of thyroid dysfunctions varies in the different life stages (growth, puberty, reproductive age, pregnancy, perimenopause, menopause, elderly...). There is an increasing need for discussion about the management of thyroid dysfunction, focusing on individualization of treatment approaches based on the different life stages and personalized requirements.

LEARNING OBJECTIVES

- Acquire knowledge about the effects of thyroid hormones on global women's health during menopause
- Increase the competence about thyroid homeostasis during pregnancy
- Being able to balance systemic benefits and risk of combination therapies for hypothyroidism

TARGET AUDIENCE

Endocrinologists, gynaecologists, and general practitioners

LANGUAGE

The activity will be in English with Chinese and Spanish simultaneous translation

**For registration
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REGISTRATION IS FREE
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CONTINUING MEDICAL EDUCATION

The Interactive Multidisciplinary Live Webinar: **Thyroid hormones in women's health Rome, Italy, Italy 16/06/2025 - 16/06/2025**, has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **1.0 European CME credit** (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity."

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Rotterdam, The Netherlands

Nemencio Nicodemus Jr

University of the Philippines-College of Medicine
Manila, Philippines

SCIENTIFIC PROGRAM

THYROID HORMONES IN WOMEN'S HEALTH

MONDAY, 16 JUNE 2025

From 14:00 to 15:00 CEST

14.00		Welcome and Introduction Ernesto Maddaloni (Italy)
14.05		L1 The role of thyroid hormones for conception and during pregnancy Tim Korevaar (The Netherlands)
14.20		L2 Benefits and risks of Lt4 and combined LT3 + LT4 therapy for subclinical hypothyroidism during menopause: cardiometabolic health and beyond Nemencio Nicodemus Jr (Philippines)
14.35		P Panel discussion and Q&A
14.55		Concluding remarks Ernesto Maddaloni (Italy)
15.00		End of the live webinar

LEGEND



Lecture



Q&A General Discussion with participants



Concluding Remarks



FACULTY DISCLOSURES

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Ernesto Maddaloni

Declared receipt of honoraria or consultation fees from Abbott, AstraZeneca, Aurora BioPharma, Boehringer Ingelheim, Eli-Lilly, MSD, Merck-KGgA, NovoNordisk

Tim Korevaar

Declared receipt of honoraria or consultation fees from IBSA, Merck, Berlin Chemie

Nemencio A Nicodemus Jr

Declared receipt of honoraria or consultation fees from Merck and Participation in a company sponsored speaker's bureau: Merck

CHAIRMAN

ERNESTO MADDALONI



Ernesto Maddaloni is currently Associate Professor of Endocrinology and Diabetes at Sapienza University of Rome, Italy. He gained his MD, clinical specialty in Endocrinology and Diabetes and PhD in "Integrated Biomedical Sciences and Bioethics" at Campus Bio-Medico University of Rome. He has joined the Vascular Cell Biology Section of the Joslin Diabetes Center (Harvard Medical School) for a Post-Doctoral Research Fellowship in 2014 and the Diabetes Trial Unit of the University of Oxford in 2017 as a mentee of the European Foundation for the Study of Diabetes (EFSD) Future Leaders Mentorship Program, to actively pursuing his studies on clinical diabetes, cardiovascular outcomes and novel diabetes complications. His research interests focus on the study of adults with autoimmune diabetes and the interplay between vascular complications, bone health and autoimmunity. After the Sars-CoV2 infection outbreak, he has contributed also with original articles evaluating the strict relationship between diabetes and related comorbidities with Covid-19.

Dr Maddaloni has been a study investigator and coordinator for several national and international clinical trials and has published as lead author in several top-ranked peer-reviewed international medical journals.

His scientific achievements have been recognized with several awards, including the 2015 Albert Renold Fellowship from the European Foundation for the Study of Diabetes, the 2017 (under 32) and 2021 (under 35) Young Investigator Awards from the Italian Society of Endocrinology (SIE), the 2017 Early Investigator Award from the Endocrine Society (USA) and the 2020 Young (under 35) Investigator Award from the Italian Society of Diabetes (SID).

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TIM KOREVAAR

Tim Korevaar works at the Endocrinology Department of the Erasmus University Medical Center in Rotterdam, the Netherlands, and specializes in gestational endocrinology. He is the principal investigator of the Thyroid and Pregnancy research group, founder of the Consortium on Thyroid and Pregnancy and current co-chair of the American Thyroid Association and European Thyroid Association guidelines committees.

Dr Korevaar has co-authored more than 120 peer-reviewed papers and various book chapters, and has been awarded with the British Thyroid Association Award 2014, the ESE Young Investigator Award 2016, the SfE Early Career Prize Lecture 2016, the Dutch Society for Endocrinology 2017 Thesis Award, the Dutch Royal Academy of Sciences Early Career Award 2020, the ESE Young Investigator Award 2022 and the Endocrine Society Early Investigator Award 2022.

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NEMENCIO A NICODEMUS JR

Nemencio A. Nicodemus Jr. obtained his degree of Doctor of Medicine at the University of the Philippines-College of Medicine. He did his residency training in Internal Medicine and fellowship training in Endocrinology, Diabetes and Metabolism at the Philippine General Hospital. Subsequently, he went to the Mayo Clinic in Rochester, Minnesota as part of the Visiting Clinician Program.

He is a Professor at the University of the Philippines-College of Medicine, Department of Biochemistry & Molecular Biology and an attending consultant at the Division of Endocrinology, Diabetes & Metabolism of the Department of Medicine at the Philippine General Hospital. He presently serves as the Vice Chair for Postgraduate Training and Training Officer of the Department of Medicine. He is currently finishing his degree of Doctor of Health Professions Education.

He is the Vice President of the Philippine College of Physicians (PCP) and Council Member of the Asia & Oceania Thyroid Association (AOTA). He is the immediate Past President of the Philippine Association For The Study of Overweight and Obesity (PASOO) and Past President of the Philippine College of Endocrinology, Diabetes and Metabolism (PSEDM) and Philippine Thyroid Association (PTA).

He has published several articles and book chapters on diabetes, thyroid and obesity. He is the co-lead of the Steering Committee of the Philippine Clinical Practice Guidelines on the Screening & Diagnosis of Obesity Among Adults 2023, which the Department of Health endorses. He is also part of the technical committee of the clinical practice guidelines on "diabetes in pregnancy", "thyroid disorders in pregnancy", "recurrent pregnancy loss," and "well-differentiated thyroid cancer" in the Philippines.

He has also been invited as resource speaker in several regional and international conferences, including the International Diabetes Federation (IDF), International Society of Endocrinology (ISE), European Association for the Study of Diabetes (EASD), ASEAN Federation of Endocrine Societies (AFES) and International Federation for the Surgery of Obesity and Metabolic Disorders-Asia Pacific Chapter (FSO-APC).



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