

The 2025 Learning Journey in Cardiovascular Disease & Hypertension: a Patient-Centred Educational Experience

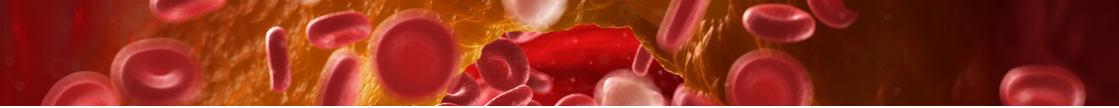
ONLINE COURSE

The multidisciplinary approach in cardio care and comorbidities management

4 September 2025

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OVERVIEW

Hypertension is a complex and multifactorial disease; hence the therapeutic approach needs to take into account all the different pathogenetic mechanisms involved. As a consequence, comorbidities, and non-traditional risk modifiers should be carefully evaluated and addressed.

Obstructive sleep apnea syndrome, and hormone therapies (for gender transition or either for reproductive assistance) are among those emerging new risk modifiers that needs to be managed to obtain adequate blood pressure (BP) control and cardiovascular (CV) risk reduction.

LEARNING OBJECTIVES

- Identify non-traditional CV risk modifiers affecting BP management
- Discover diagnostic and therapeutic pathways for patients with hormonal impairment due to gender transition or reproductive assistance
- Assess impact of comorbidities on clinical outcomes of hypertensive patients

TARGET AUDIENCE

Cardiologists, endocrinologists, gynecologists, internal medicine specialists, general practitioners

LANGUAGE

The official language of the online course will be English

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REGISTRATION IS FREE
OF CHARGE

CONTINUING MEDICAL EDUCATION

“The multidisciplinary approach in cardio care and comorbidities management”

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CME PROVIDER

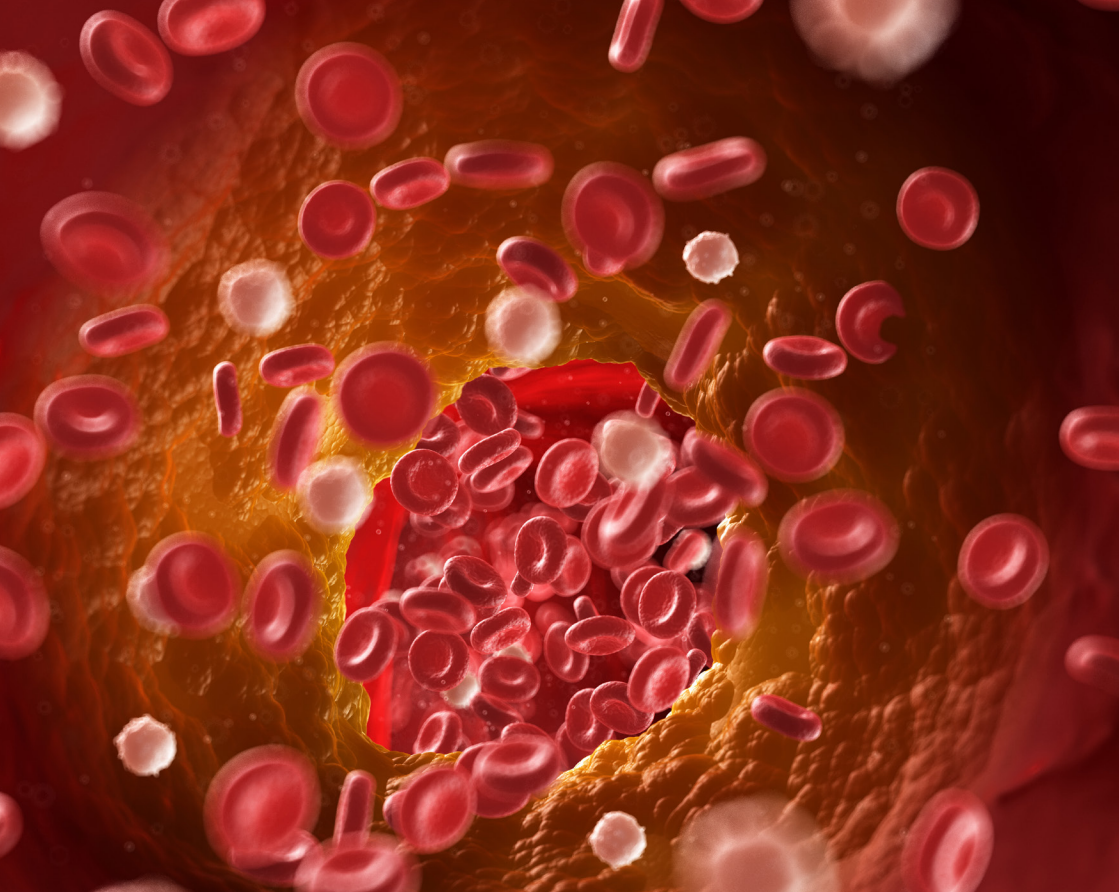
Scientific Seminars International Foundation

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FACULTY

Antonio Coca

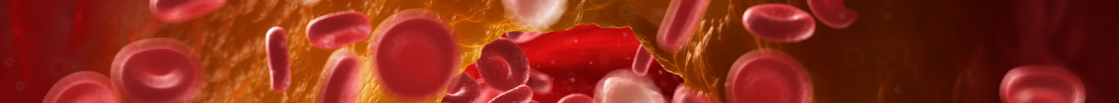
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Milan, Italy



SCIENTIFIC PROGRAM

THE MULTIDISCIPLINARY APPROACH IN CARDIO CARE AND COMORBIDITIES MANAGEMENT

Module 1 Hypertension and Obstructive Sleep Apnea Syndrome (OSAS)



G. Parati, Italy

Module 2 Hormone therapies and hypertension: Insights in gender transition and reproductive assistance



M. Tadic, Germany

Module 3 Cognitive impairment as a risk modifier in hypertensive patients

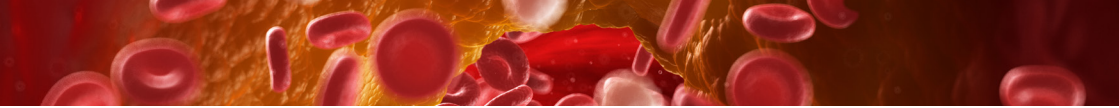


A. Coca, Spain

LEGEND



Video recorded lecture



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Antonio Coca	Declared no potential conflict of interest to report
Gianfranco Parati	Declared receipt of honoraria or consultation fees from Merck, Somnomedics, Viatris, Omron
Marijana Tadic	Declared no potential conflict of interest to report

FACULTY

ANTONIO COCA

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Antonio Coca is Emeritus Professor of Medicine, School of Health and Life Sciences, University Abat Oliba CEU, Barcelona, Spain (2024-). Honorary Professor of Internal Medicine, School of Medicine, University of Barcelona, Spain (2018-), and former Chief of the Hypertension and Vascular Risk Unit of the Department of Internal Medicine at the Hospital Clinic, Barcelona, Spain (1984-2018). Past-President of the Spanish Society of Hypertension (2004-2006), honorary member of the Latin American Society of Hypertension (LASH), the InterAmerican Society of Cardiology (SIAC), the Central American Society of Hypertension (SCCH), the Argentinean Society of Hypertension (SAHA), the Venezuelan Society of Hypertension, the Peruvian Society of Cardiology (SPC), and the Portuguese Society of Hypertension (SPH). Fellow of the Royal College of Physicians of London (FRCP) and Emeritus Fellow of the European Society of Cardiology (EFESC).

In 2007 was elected member of the Scientific Council of the European Society of Hypertension (ESH), serving as "Executive-Officer" responsible for relationships with Latin America (2007-2023). Currently serving as member of the Advisory Board of the ESH for relationships with Latin America (2023-). First Chair of the Council on Hypertension of the European Society of Cardiology (2012-2016), Past-Chair of the ESH WG on the Brain & Hypertension (2014-2016), and past-member of the Committee for Practice Guidelines of the European Society of Cardiology (2016-2018). Editor of 60 books on various topics within the field of hypertension. He has published more than 700 papers in international journals and has presented more than 1,000 invited lectures at international and national meetings and universities. He has been member of the steering committee, as well as the Spanish coordinator, of several large-scale international trials in hypertension.



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Gianfranco Parati MD, FESC

- President, World Hypertension League
- Immediate Past President, Council on Hypertension of the European Society of Cardiology
- Past President, Italian Society of Hypertension.
- Honorary Professor of Cardiovascular Medicine; Past Director, School of Specialization in Cardiovascular Medicine, Dept. of Medicine and Surgery, University of Milano-Bicocca
- Head, Cardiology Department, S. Luca Hospital, Istituto Auxologico Italiano IRCCS
- Scientific Director, Istituto Auxologico Italiano IRCCS (Institute for Research and Health Care appointed by the Italian Ministry of Health), Milan, Italy
- Honorary Professor at the Universidad Peruana Cayetano Heredia, Lima, Peru

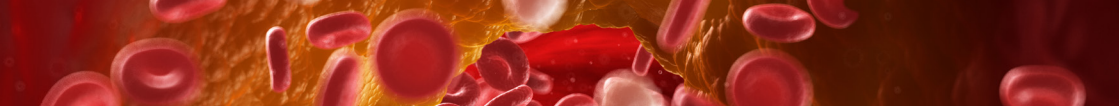


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Marijana Tadic, MD, PhD is a specialist and Associate Professor in Internal medicine and Cardiology in Germany. She was trained in Serbia, Italy, UK, Netherlands and Germany. Dr. Tadic holds two PhD degrees, in Cardiology and Epidemiology. Her main scientific interest is target organ damage in patients with cardiovascular risk factors such as arterial hypertension, diabetes, and obesity. Dr. Tadic published more than 350 articles and received several important grants including those from European Society of Cardiology, European Society of Cardiovascular Imaging and European Society of Hypertension. She is currently the Editor in Chief in Journal of Clinical Ultrasound: Sonography and other Imaging techniques and Associate Editor in European Heart Journal.



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