



The 2025 Learning Journey in Diabetes: A Case-Based Interactive Educational Experience

DIGITAL ESCAPE ROOM

MONDAY, 21 JULY 2025

Escaping from insulin resistance in pre-pregnancy and pregnancy

FACULTY



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OVERVIEW

Overweight and obesity are increasing among young women of childbearing age, leading to an increased risk of developing both polycystic ovarian syndrome (PCOS) and gestational diabetes (GDM), with implications for fertility and for the health of pregnant women and the offspring.

This activity aims to shed lights on the best approach to improve fertility in women with polycystic ovarian syndrome and to manage gestational diabetes.

LEARNING OBJECTIVES

- Acquire knowledge about treatment options for women with PCOS
- Increase confidence in managing overweight/obese women with GDM

TARGET AUDIENCE

Endocrinologists, diabetologists, nurses and obstetricians

LANGUAGE

The activity will be in English



MEDICAL ADVISOR

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